

IN THE CLAIMS

Claim 1 (Currently Amended): ~~Work~~ A work table, consisting of comprising:

a frame (1) with a vertical central column (5) ~~as well as a~~ fastened to a base on a  
vertical central axis of the base (6) and a height- a height-adjustable and tilt-adjustable work  
surface (3), which is fastened to a support element (9), ~~characterized by the fact that wherein~~  
on ~~the~~ an upper end of the vertical central column (5) a joint seating device (7) is provided,  
about whose horizontal axis (17) a swivel arm (4) is arranged in a pivoting manner, wherein  
the swivel arm (4) contains another rotary joint (18), about whose horizontal axis (19) the  
support element (9) and the work surface (3) connected with it are arranged in a pivoting  
manner.

Claim 2 (Currently Amended): ~~Work~~ The work table pursuant to claim 1,

~~characterized by the fact that wherein~~ on the central column (5) a leg rest (2) is arranged,  
which is fastened to the central column (5) via a support fork (8).

Claim 3 (Currently Amended): ~~Work~~ The work table pursuant to claim 2,

~~characterized by the fact that wherein~~ the support fork (8) is axially displaceable on the  
central column (5) and can be rotated about the vertical axis.

Claim 4 (Currently Amended): ~~Work~~ The work table pursuant to claim 2,

~~characterized by the fact that wherein~~ the support fork (8) can be rotated about the horizontal  
axis.

Claim 5 (Currently Amended): ~~Work~~ The work table pursuant to claim 1, ~~characterized by the fact that~~ wherein the swivel arm (4) and the support element (8) are seated in a continuously pivoting manner about the horizontal axes (17, 19).

Claim 6 (Currently Amended): ~~Work~~ The work table pursuant to ~~one of the claims 1 through 5~~ claim 1, ~~characterized by the fact that~~ wherein between the swivel arm (4) and the support element (9) a cable pull (10) is arranged for synchronous rotational coupling.

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Claim 7 (Currently Amended): ~~Work~~ The work table pursuant to claim 6, ~~characterized by the fact that the~~ wherein a synchronous relation between ~~the~~ a rotation of the swivel arm (4) and ~~the~~ a rotation of the support element (9) is designed in such a way that the support element (9) is aligned horizontally when the swivel arm (4) is aligned vertically and the support element (9) is tilted by about  $25^{\circ}$  when the swivel arm (4) is aligned horizontally.

Claim 8 (Currently Amended): ~~Work~~ The work table pursuant to one of the claims 1 through 7, ~~characterized by the fact that~~ wherein in the swivel arm (4) a blockable gas pressure spring (13) is arranged, which on one hand is seated in a bearing (14) at an angle beneath the joint seating device (7) and on the other hand in a bearing (15) roughly in the center of the swivel arm (4).

Claim 9 (Currently Amended): ~~Work~~ The work table pursuant to claim 8, ~~characterized by the fact that~~ wherein the gas pressure spring (13) in ~~the~~ an unblocked state has a gas spring thrust pressure, which compensates for ~~the~~ inherent weights of the work surface (3), the support element (9) and the swivel arm (4).

Claim 10 (Currently Amended): ~~Work~~ The work table pursuant to ~~one of the claims 1~~  
~~through 9~~ claim 1, characterized by the fact that wherein the base (6) is equipped with swivel  
rollers (20).

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